

Initial Psych-Social Information

Today's Date: _____

Client's Name _____ Sex: M ___ F ___

Please briefly describe the reasons you are seeking counseling or the reasons you are bringing your child in today, and what outcome you are hoping for: _____

Family

Please check the one marital or living situation listed below that describes you:

- 1) _____ Married and living with spouse
- 2) _____ Separated/Divorced from spouse. Who is custodial parent? _____
Have you been receiving/paying support payments? Yes ___ No ___
- 3) _____ Single and living with child's father/mother
- 4) _____ Single and living with your parents
- 5) _____ Single and living with another male or female adult - who shares household responsibilities
- 6) _____ Single and living with another male or female adult - who does not share household responsibilities.
- 7) _____ Other (please explain): _____

Child Client's Sibling Information

Please list the names, ages, and grade in school, (if still in school) for siblings, living or not living in the home. Also list the relationship, i.e. brother, sister, stepbrother, foster...(Use back of this page if more room is needed)

<u>Name</u>	<u>Age</u>	<u>Grade</u>	<u>Relationship</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

1. Adult Client or Child Client's **Parent's** (Mom & Dad) family of origin experience (ie: Siblings, family relationships, Childhood Trauma, Grief & Loss, parent's parents style of parenting etc) (Often children with difficulties are very good at pushing their parents "buttons." It is helpful for Therapists to be aware of parent's experience in their family of origin. Please us the back of this page for your history. **IF YOUR CHILD HAS ATTACHMENT DIFFICULTIES, SKIP THIS QUESTION. YOU WILL RECEIVE ANOTHER QUESTIONAIRE THAT ADDRESSES THIS.**

2. Child Client's Childhood family experience (ie: Placement History, Trauma, Abuse, Grief & loss, etc) use back of this page if necessary _____

3. Issues of conflict within family _____

4. Strength of Support (ie: extended family, community, friends, etc) _____

Child's History and Development

1. Please check: Is this your Biological child? _____ Adopted? _____ Foster? _____ Stepchild? If other than your Biological child, at what age did he/she come into your home? _____.

2. Did Birth Mother have any illnesses or complications during pregnancy with this child? Yes ___ No ___. If yes, please specify: _____
_____.

3. Did Birth Mother take any medications, drugs, alcohol, or tobacco during pregnancy? Yes ___ No ___. If yes, please specify: _____
_____.

4. Did Birth Father (father in the home during pregnancy) take any drugs, alcohol, or tobacco during pregnancy? Yes ___ No ___. If yes, please specify: _____
_____.

5. Was this pregnancy planned? ___ Unplanned? ___ Full-term? ___ Premature? ___
Birthweight: _____ APGAR: _____

6. Was there anything unusual about the delivery of this child? Yes___No___ If yes, please describe what happened:_____

7. At what age did this child crawl?_____walk?_____

8. If this child is having, or has had problems in any of the following areas of development, please briefly describe.

a. Small muscle development (i.e. finger/hand coordination):_____

b. Large muscle development (i.e. walking, running, jumping):_____

c. Speech and Language:_____

d. At what age was your child potty trained?_____ Are their current problems?_____

e. Thinking and Problem Solving (i.e. cognitive skills): _____

f. Getting along with other children, making friends:_____

g. Self-care (e.g., feeding, dressing, grooming):_____

h. Strength/Weaknesses: _____

i. Other:_____

Child's School/Day Care Information

Is this child in school? Yes___No___ If yes what grade?_____

Has He/She ever repeated a grade? Yes___No___ If yes, what grade?_____

Name of School(s):_____

Phone:_____

Teacher(s):_____

School Counselor:_____

Is this child in Day Care? Yes___No___

Name of Day Care:_____ Phone:_____

Primary Contact:_____

Substance Abuse

(Child or Adult Client's use or Child's Parents Use)

Please note family use history, personal use history, current use pattern, substance(s) used, frequency, amount and consequences of use, and treatment history/outcome. (Skip this section if N/A)

Socio-Economic

(As pertains to Parent or Adult Client)

- 1. Educational History: _____

- 2. Employment Status & History: _____

- 3. Financial Status/Stresses: _____

- 4. Social Support Network: _____

- 5. Military and Legal History: _____

- 6. Client's Cultural/Spiritual/Recreational (sports, music, etc) Activities: _____

Psychiatric

Has your child had previous counseling? Yes___No___ If yes, please list names of previous counselors and the approximate dates of counseling or other related Mental Health Services: (ie: PSR, partial care, inpatient, residential, etc)

Name of counselor or other Counseling Facility

Sequential Dates of Counseling

1. List all previous and current mental health diagnoses and who determined the diagnoses.

2. List all mental health medications taken previously and currently (include prescribing physician, dosage and length of time on each medication and reason for stopping (use the back of this form if you need more space))

3. Describe any current or past concerns you have about your child's emotional, intellectual or academic functioning.

4. Are there other people or circumstances that contribute to the concerns that you have about your child (e.g., other family members, marital conflicts, changes in the home,etc.)?

5. Has your child ever been physically, emotionally or sexually abused? If yes, please explain.

6. Has your child ever experienced a period of time, before age four, without his/her primary caregiver?

Medical

1. Please list all childhood diseases your child has had (i.e. measles, chicken pox, mumps, etc.)

2. Please list any allergies and allergy medications your child currently takes) your child has:

3. Name of Child or Adult Client's Primary Care Provider. _____

a. Providers Address: _____

b. Providers Phone #: _____

Biological Family History

Please check all that apply in client's Biological family, past or present:

	Mother	Mother's side of family	Father	Father's side of family
Asthma				
Seizures (Epilepsy)				
School or Learning Problems				
Mental/Emotional Disorders, (i.e. Depression PTSD, Anxiety,ADHD, etc.)				
Allergies				
Vision or Hearing Disorder				
Diabetes				
Adoption/Foster Care				
Birth Defects				
Mental Retardation				
Alcohol or Drug Abuse				
Physical, Emotional, and /or Sexual Abuse				
Severe Marital/Family conflicts				
Other conditions or problems, please specify				

(Name of person completing form)

(Relationship)